

Siloam- Yoga Teacher Training Code of Ethics

Yoga-communion of the body, mind and Spirit allows for extra-ordinary awareness, mindfulness and presence that can be transformative. As teachers and students of Yoga we are stewards of the practice it is our responsibility to uphold and foster a sacred and safe environment for transformation to take place. There is a saying in Yoga—"What is Guru and who is Guru?" That is the question--- as we become mentors, facilitators and helpers may we know our place. We are all students and all teachers. May we always be mindful, present and aware of our ego—may we be empty enough to be available.

Code of Ethics

As a yoga teacher, I agree to uphold the following code of ethical conduct:

I will be a professional, a person of integrity, an example; aware of boundaries, aware of the potential of perception, influence, and constantly aware of my own ego so as to not seek my own agenda, my own projections/outcomes or fulfill my own needs through interaction with students in the practice of Yoga.

I agree to represent my qualifications and certifications honestly. While there are many proven health benefits of Yoga I will use caution in providing medical advice, recommending treatment, diagnosing or suggest to disregard medical advice. Should I have the opportunity to provide comment I will do so from a best practice approach using medical reference and case studies, data available from Mind, Body Medicine.

I will create and maintain a safe environment for the practice of Yoga, if physical touch is warranted I will ask permission to assist and use appropriate touch.

I agree to encourage diversity, acceptance and create a place of common ground for all to come to the practice of Yoga.

I agree to respect the right to privacy being mindful to not share information without permission.

I agree to avoid any actions that would be perceived as sexual in nature and to not engage in sexual or romantic contact with students.

I agree to adhere to traditional Yoga principles and follow all local and national laws pertaining to the business of Yoga.

Signed: _____ **Date:** _____